

THE GOOD STORES

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AN ALL-SEASON ACTIVITY

Mountain hiking has several advantages. One is that it can be practiced in all seasons. It is simply a matter of adapting the altitude of the tour and, consequently, the destination.

During the winter season, one can, of course, practice snowshoeing, with great variations of the type of outings depending on whether it is the middle of winter or the end of the season. In the middle of winter, I prefer the rather short and easy exits. As the season passes by, the days become longer, allowing for more active snowshoeing.

Autumn is the season when it is nice to go in the mountains. And although the days become shorter, the temperatures are pleasant and the colours just splendid.

Spring is also a season that allows for very nice experiences. Especially in early spring, before the trees have made their leaves. Then, there are parterres of anemones, insignificant when the sunlight disappears and which open themselves and radiate as soon as the sun lights up the undergrowth.

And what about summer? This season is obviously the hiking season par excellence. It allows to go to places not reachable in other seasons, either because of the altitude or because of the difficulty.

I wish you a merry Christmas and all the best for the coming year.

<http://www.destination-montagne.ch/En>



Destination Montagne

Since 1996

Programme 2017

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WINTER 2016-2017 PROGRAMME

No.	Date	Season	Destination	Duration	Altitude gain	Difficulty	Region	Price CHF	Price EUR
1.2017	10 Jan. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
2.2017	11 Jan. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
3.2017	12 Jan. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
4.2017	15 Jan. 2017	Winter	Pointe de Poêle Chaud	3h30	550m	WT1	Jura of Vaud, Saint-Cergue	75	72
5.2017	21 Jan. 2017	Winter	Monts Chevreuils	4h30	850m	WT1	Pays d'En Haut, Château d'Oex	75	72
6.2017	29 Jan. 2017	Winter	The Planet Hut	4h	500m	WT1	Jura Vaudois, Bassins	75	72
7.2017	4 Feb. 2017	Winter	Mont de l'Arpille	4h	850m	WT2	Alps of Valais, Martigny	75	72
8.2017	9 Feb. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
9.2017	10 Feb. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
10.2017	11 Feb. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
11.2017	18 Feb. 2017	Winter	Pointe de Bellevue	5h30	800m	WT2	Bas Chablais, Troistorrent	75	72
12.2017	25 Feb. 2017	Winter	La Motte	5h	750m	WT1	Prealps of Canton Vaud, Gryon	75	72
13.2017	5 Mar. 2017	Winter	Crêt de la Neuve	4h30	500m	WT1	Jura of Vaud, Saint-George	75	72
14.2017	9 Mar. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
15.2017	10 Mar. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
16.2017	11 Mar. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
17.2017	from 18 to 19 Mar. 2017	Winter	A night at Grand Saint-Bernard	up to 4h	up to 600m	WT2	Alps of Valais, Martigny	240	225
18.2017	from 25 to 26 Mar. 2017	Winter	A night at Grand Saint-Bernard	up to 4h	up to 600m	WT2	Alps of Valais, Martigny	240	225
19.2017	2 Apr. 2017	Winter	Pointe des Arbennes	6h	1200m	WT1	Aravis, Romme	75	72
20.2017	9 Apr. 2017	Winter	Pointe Ronde	5h45	1200m	WT2	Valais Alps, Martigny	75	72

PRICES, TERMS AND CONDITIONS

The prices are given in CHF (Swiss Francs) and Euros. Only the fees for an adult are printed. A discount of approximately 10% is offered to students, apprentices and pensioners. In order to get more information, please have a look at the website.

For all tours, following terms and conditions apply:

The group size for the tour is set to a minimum of 6 persons and to a maximum of 12 persons. The registrations are taken in the incoming order. The registrations are taken at the latest 72 hours before start for 1 or 2 days tours and at least 2 weeks for trekking. The registration form is included in the program.

For 1 day tours, the amount is due the day of the outing. In all other cases, a 30% advance is required at registration. The registration is accepted at receipt of the advance.

As an extra, it is possible to take out a cancellation costs insurance. The price of it depends on the price of the trip as well as its duration. The cancellation costs insurance must be asked for at enrolment.

Competent jurisdiction is based in Geneva.

The meeting point is usually at the P+R of Bernex.

The price includes:

Summer tours

The fee, for 2 days' tours, the half board lodging and for 4 days on tours, the full board lodging, when applicable the transportation of the luggage from one place to the other, and the transportation during the tour. Beverages are not included. Special conditions related to tours lasting longer than two days are provided in the descriptions found on the Internet.

Snowshoes tours

The fee, the rental of a pair of snowshoes, the rental of avalanche prevention equipment and for tours lasting longer than one day, the half board lodging and the transportation during the tour. Special conditions related to tours lasting longer than two days are provided in the descriptions found on the Internet.

In all cases, all other expenses are charged to the participants. In particular, travel expense from the P+R of Bernex to the start of the tour is not included in the price.

In case of transportation by organiser, following rates are applicable:

CHF 5.- per covered 50Km (Example: Bernex-Samoëns: 77.2Km. Round trip: 154.4Km. Rate: Sfr 15.-)

The rates are provided in the descriptions that can be found on the Internet.

The participants are asked to check that they are equipped appropriately. In particular, they are asked to carry warm clothing and hiking shoes. One should remember that in the mountains, the conditions can change from an intense sun (sunglasses, cap, sun cream, ...) to winter conditions (wind-stopper, polar fleece, rain protection, ...) within hours.

The participants are kindly asked to check that they are correctly insured against accidents.

The organiser reserves the rights to modify the itinerary or the destination, without providing any explanation.

The walking duration is calculated on a basis of 4,2 Km/h on flat and between 250m and 300m altitude gain an hour. At this speeds even a less trained person can hike without being out of breath.

WINTER 2017-2018 PROGRAMME

No.	Date	Season	Destination	Duration	Altitude gain	Difficulty	Region	Price CHF	Price EUR
39.2017	2 Nov. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
40.2017	3 Nov. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
41.2017	4 Nov. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
42.2017	11 Nov. 2017	Winter	The Pierre du Moëllé	4h30	700m	WT1	Pre-Alps Vaudoises, le Sépey	75	72
43.2017	19 Nov. 2017	Winter	Pointe de Cou	4h30	650m	WT2	Haute Savoie, la Roche sur Foron	75	72
44.2017	25 Nov. 2017	Winter	Dent de Valerette	4h15	750m	WT2	Bas Chablais, Monthey	75	72
45.2017	28 Nov. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
46.2017	29 Nov. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
47.2017	30 Nov. 2017	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.5	35
48.2017	3 Dec. 2017	Winter	Chapelle des Bioles	3h30	500m	WT1	Jura of Canton Vaud, Saint-Cergue	75	72
49.2017	9 Dec. 2017	Winter	Pointe d'Arpille	4h	250m	WT2	Préalpes Vaudoises, Les Diablerets	75	72
50.2017	17 Dec. 2017	Winter	Chalet de la Dôle	3h30	400m	WT1	Jura of Canton Vaud, Saint-Cergue	75	72

Scale of difficulty

The scales of difficulty of our hiking and snowshoes tours can be found on the following Internet pages:

<http://www.sac-cas.ch/fr/en-route/echelles-de-difficultes.html> (French)

<http://www.sac-cas.ch/unterwegs/schwierigkeits-skalen.html> (German)

SUMMER 2017 PROGRAMME

No.	Date	Season	Destination	Duration	Altitude gain	Difficulty	Region	Price CHF	Price EUR
21.2017	23 Apr. 2017	Summer	The bend of the Rhône	5h	850m	T2	Alps of Canton Valais, Martigny	65	62
22.2017	30 Apr. 2017	Summer	Crossing of Jaman pass	5h	800m	T1	Prealps of Vaud, Montreux	65	62
23.2017	7 May. 2017	Summer	The Toblerone-path	5h	500m	T1	Jura of Vaud, Arzier	65	62
24.2017	from 14 to 20 May. 2017	Summer	The mountains of the Dalmatian coast	up to 7h	up to 1300m	T3	Croatia, dalmatian coast, Omis	1200	1125
25.2017	from 25 to 28 May. 2017	Summer	The Valley of the Painters	up to 6h	up to 850m	T3	Italy, Piemonte	650	609
26.2017	from 5 to 9 Jun. 2017	Summer	The marvelous spots of Ticino	up to 8h	up to 1450m	T3	Ticino, Maggia	925	885
27.2017	2 Jul. 2017	Summer	Mont d'Or	5h	750m	T2	Jura of Vaud, Vallorbe	65	62
28.2017	from 8 to 9 Jul. 2017	Summer	Bisses around Visp	5h	800m	T4	Uppder Valais, Visp	275	264
29.2017	16 Jul. 2017	Summer	The Orny Glacier	5h	600m	T3	Alps of Valais, Orsières	65	62
30.2017	from 19 to 23 Jul. 2017	Summer	Through the heart of Switzerland	Up to 7h	Up to 1300m	T2	Central Switzerland, Engelberg	700	656
31.2017	from 25 to 27 Aug. 2017	Summer	Historical trails of the Binn Valley	up to 6h	up to 1200m	T3	Alps of Valais, Binn	550	516
32.2017	3 Sep. 2017	Summer	Lac de la Persévérance	6h	1200m	T3	Mont Blanc range, Argentière	65	62
33.2017	from 7 to 10 Sep. 2017	Summer	Mysterious valleys around Gotthard	up to 6h	up to 1000m	T4	Central Switzerland, Gotthard	700	670
34.2017	from 16 to 24 Sep. 2017	Summer	The mountains of Bulgaria	up to 6h	up to 1200m	T3	Rila and Pirin ranges, Bulgaria	1300	1218
35.2017	8 Oct. 2017	Summer	Crossing Givrine - le Brassus	5h45	600m	T1	Jura of Canton Vaud, Le Brassus	65	62
36.2017	14 Oct. 2017	Summer	Plans de Bovine	4h30	850m	T2	Alps of Valais, Martigny	65	62
37.2017	22 Oct. 2017	Summer	Molard and Folly	4h	500m	T1	Riviera of Vaud, Vevey	65	62
38.2017	29 Oct. 2017	Summer	The Noirmont	4h	400m	ND1	Jura of Vaud, Saint-Cergue	65	62

REGISTRATION FORM

First name: _____

Last name: _____

Address: _____

Phone: _____ (home)

_____ (office)

Yes, I'd like to enrol for the Tours no.

Date _____

Firm _____

The payment of the deposit must be performed within the period mentioned on the description of the tour on the following account:

IBAN: CH57 0900 0000 1208 7819 2

Registration form (one per person) to be copied or detached and faxed or sent to:

Charles LEHMANN

10, ch. de Calabry

1233 Bernex

Phone: +41 (0) 22 757 67 57

Fax: +41 (0) 22 757 67 58

Mobile: +41 (0) 79 629 02 62

REGISTRATION FORM

First name: _____

Last name: _____

Address: _____

Phone: _____ (home)

_____ (office)

Yes, I'd like to enrol for the Tours no.

Date _____

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